The word **toe** is used in some common idiomatic expressions. Here is a list of them.

**Dip your toe into something**
To dip your toe into something is to try doing it in order to test whether you will be able to do it.

> By launching their own handset, they have dipped their toe into the lucrative smartphone market.

The expression ‘dip a toe in the water’ means the same.

**From head to toe / from top to toe**
If a person is covered from head to toe, the whole of their body is covered.

> She was covered in black fur from head to toe.

**Keep someone on their toes**
To keep someone on their toes is to keep them alert.

> My little kids keep me on my toes all the time.

**Make someone’s toes curl**
To make someone’s toes curl is to make them feel extremely embarrassed.

> The very thought of that incident makes my toes curl.

**Tread/step on someone’s toes**
To tread on someone’s toes is to offend them by doing something that they have the authority to do.

> You shouldn’t have stepped on your manager’s toes by talking to the media without his consent.

**Touch your toes**
To touch your toes is to bend while keeping your legs straight. This is a form of physical exercise.