The difference between *so much* and *so many* is the same as the difference between *much* and *many*. *So much* is used with singular uncountable nouns. *So many* is used with plural nouns.

I have never drunk *so much* wine in my life. (NOT I have never drunk so many wine in my life.)
She had *so many* problems that she didn’t know what to do. (NOT She had so much problems …)

Note that before adjectives and adverbs we use *so*, not *so much*.

She is so beautiful. (NOT She is so much beautiful.)
You are so kind. (NOT You are so much kind.)

But *so much* is used before adjectives and adverbs in the comparative degree.
You are *so much more beautiful* now. (NOT You are so more beautiful now.)

*So much* and *so many* can be used without a noun if the meaning is clear.
‘Would you like some more meat?’ ‘No, thanks. I have already eaten *so much.*’

**Special structures with so much**

We can use *not so much...as* or *not so much...but* to make corrections and clarifications.

It is *not so much* his looks that I like as his personality.
It is *not so much* that I don’t want to come, *but* I simply haven’t got the time.